**Message: “Let’s Get Healthy, Spiritually”**

1 Timothy 4:6-8

**Warren Wiersbe:** “Life is built on character, but character is built on decisions. The decisions you make, small or great, do to your life what the sculptor’s chisel does to a block of marble. You are shaping your life by your thoughts, attitudes, and actions, and becoming either more or less like Jesus Christ.”

**William James:**  “The best use of life is to spend it for something that will outlast it.”

**Chuck Colson:** “If your religion doesn’t get you to church,

it’s doubtful it will get you to heaven.”

**A Fourfold Formula for a Christian’s Spiritual Growth:**

1. A clear understanding of who God/Jesus are.

(John 1:1-4; 12-14)

2. An honest evaluation of who you are.

(Romans 3:23; 2 Corinthians 5:17; Galatians 5:16-18)

3. A spiritual knowledge of God’s word.

(2 Timothy 2:15; 2 Timothy 3:15-17)

4. A biblical understanding of the role of Christ’s church. (Acts 2:41-47; Ephesians 4:11-16)

**Truth:** The church is a living organism and not necessarily an organization!

**Truth:** The church operates totally by faith in God’s power, and not by our programs, policies, or personalities!

August 3, 2014

**Pastor Dusty’s Notes**